

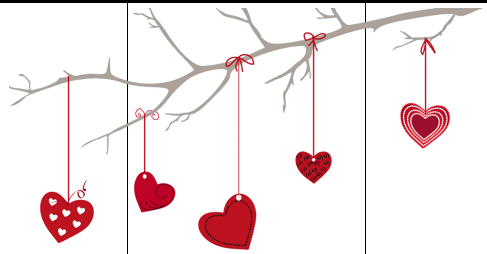
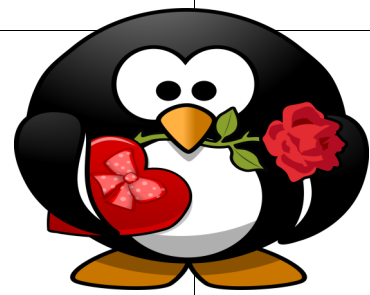


Sun	Mon	Tue	Wed	Thu	Fri	Sat
February: Birthstone: Amethyst 	February: Flower: Primrose 				1 10:15 Exercise 11:30 Scenic Drive 2:15 Hymns / Tom 4:00 Small Groups	2 Groundhog Day 10:30 Exercise 12:00 Games 2:00 Movie 4:00 Small Groups
3 10:30 Exercise 12:00 Hymn Sing & Scripture 2:00 Church 2:00 Movie 4:00 Small Groups	4 10:30 Exercise 12:00 Trivia 2:15 Bible Study w/ Ron 4:00 Memory Choir	5 Chinese New Year 10:30 Exercise 11:30 Scenic Drive 2:15 Spa Day 4:00 Small Groups	6 10:30 Exercise 12:00 Crafts 2:15 Bingo 3:45 Piano w/ John 4:00 Small Groups	7 10:30 Exercise 12:00 Bowling 2:15 Reminisce 3:30 Happy Hour 4:00 Armchair Travel 7:00 King's Men (L)	8 10:15 Exercise 11:30 Scenic Drive 2:15 Hymns / Tom 4:00 Small Groups	9 10:30 Exercise 12:00 Games 2:00 Movie 4:00 Small Groups
10 10:30 Exercise 12:00 Hymn Sing & Scripture 2:00 Church 2:00 Movie 4:00 Small Groups 4:15 Flute w/ Fred	11 10:30 Exercise 12:00 Trivia 2:15 Bible Study 4:00 Memory Choir	12 10:30 Exercise 12:00 Word Games 2:15 Spa Day 3:30 Scenic Drive 4:00 Small Groups	13 10:30 Exercise 12:00 Word Games 2:15 Bingo 3:45 Piano w/ John 4:00 Small Groups	14 Valentine's Day 10:30 Exercise 12:00 Bowling 2:30 Hymns (D) 3:30 Happy Hour 4:00 Armchair Travel	15 10:15 Exercise 11:30 Scenic Drive 2:15 Hymns / Tom 4:00 Small Groups	16 10:30 Exercise 12:00 Games 2:00 Movie 4:00 Small Groups
17 10:30 Exercise 12:00 Hymn Sing & Scripture 2:00 Church 2:00 Movie 4:00 Small Groups	18 President's Day 10:30 Exercise 12:00 What About Those Presidents? 2:15 Bible Study 4:00 Memory Choir	19 10:30 Exercise 11:30 Scenic Drive 2:15 Spa Day 4:00 Small Groups	20 10:30 Exercise 12:00 Remember When 2:15 Bingo 3:45 Piano w/ John 4:00 Small Groups	21 10:30 Exercise 12:00 Bowling 2:30 Live Music (D) 3:30 Happy Hour 4:00 Armchair Travel	22 10:15 Exercise 11:30 Scenic Drive 2:15 Hymns / Tom 4:00 Small Groups	23 10:30 Exercise 12:00 Games 2:00 Movie 4:00 Small Groups
24 10:30 Exercise 12:00 Hymn Sing & Scripture 2:00 Church 2:00 Movie 4:00 Small Groups	25 10:30 Exercise 12:00 Let's Laugh 2:15 Bible Study 4:00 Memory Choir	26 10:30 Exercise 11:30 Scenic Drive 2:15 Spa Day 4:00 Small Groups	27 10:30 Exercise 12:00 Crafts 2:15 Bingo 3:45 Piano w/ John 4:00 Small Groups	28 10:30 Exercise 12:00 Bowling 2:30 Hymns (D) 3:30 Happy Hour 4:00 Armchair Travel		



Daily Schedule:

- 9:00 Breakfast
- 10:00 Quiet Time and 1:1 Visits
- 10:30 Exercise
- 11:15 Morning Snack
- 12:00 See Calendar
- 1:00 Lunch
- 2:15 See Calendar
- 3:00 Afternoon Snack
- 4:00 Small Groups and 1:1 Visits
- 5:00 Afternoon Stretch
- 5:30 Dinner

Additional small groups and individual activities occur on an ongoing basis throughout the day and evening. Our goal is to enhance the natural rhythm of each resident's day. Changes to this calendar are sometimes necessary in order to accomplish this.